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OFFICE OF THE CIVIL SERVICE COMMISSION

City Hall, 258 Main Street
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To: Members of the Public

From: Commission Secretary Katie Böttger & Police Chief Douglas Brenner

Date: July 8, 2019

RE: Police Officer Examination – Practice Physical Agility Testing

To be eligible for appointment to the position of Police Officer, candidates must not only be reachable on the eligible list established as a result of the written exam, but New York State Civil Service Law requires that candidates satisfy physical fitness requirements as established by the Municipal Police Training Council. A copy of these requirements is attached. Failure to meet these standards will disqualify a candidate from consideration for appointment. Despite advertisement of the requirements of the exam, we have typically seen a 50% - 75% failure rate on the physical agility exam. As such, the City of Oneonta Police Department will be hosting a series of practice physical fitness tests for any members of the public who are interested in better understanding the requirements for this physical agility portion of the test.

The first practice physical agility test will be held on July 23rd at 6:00pm, at the Tennis Courts in Neahwa Park in Oneonta (or, in the event of rain, at the Asa Allison Building – formerly the Armory – on Academy Street in Oneonta). This is free and open to members of the public who are interested in learning more about the required elements of the physical agility test. The practice sessions are designed to provide potential candidates with an understanding of their physical abilities in relation to the established standards and to demonstrate the testing process. The practice sessions are voluntary and are for educational purposes only - the results will not be used in any step of the selection process, nor will any result achieved in a practice session be counted towards satisfaction of the formal requirements.

Participants in the practice session should report on time, and dressed appropriately for physical activity, including proper gym/athletic attire (shorts, sweatpants, t-shirt, etc.), proper footwear for running and a water bottle.

Please contact the Personnel Office at (607) 432-0670 or personnel@oneonta.ny.us with questions or to RSVP. Please RSVP no later than Friday, July 19th.